

# Fish&Pips

*For the love of ski and travel*

## *What to expect from our luxury sailing holiday in Greece brought to you by Fleewinter*

Welcome to booking a luxury sailing holiday! This 'What To Expect' pack will offer you some guidance on what you can expect from a super yacht holiday. There is no 'typical' week; your time is precisely tailored to your preferences, to guarantee you have the trip of a lifetime.





# Routes And The Area

This is one of the most beautiful sailing areas in the world. In a typical week you can expect to see dramatic scenery, idyllic coves, and a myriad of picture postcard fishing villages with atmospheric bars and tavernas.

When planning your holiday, it is important to understand what your group would like. Would you prefer to sail as much as possible and maximise miles covered; or travel at a more leisurely pace and stop for water-sports and swimming along the way?

Although there is no routine, a typical day will involve a leisurely breakfast on one of the islands, followed by a move to a different anchorage and some water-sports, followed by lunch and then have fun sailing in the afternoon when the wind picks up. In the late afternoon, you will move toward your evening's destination to moor for dinner.

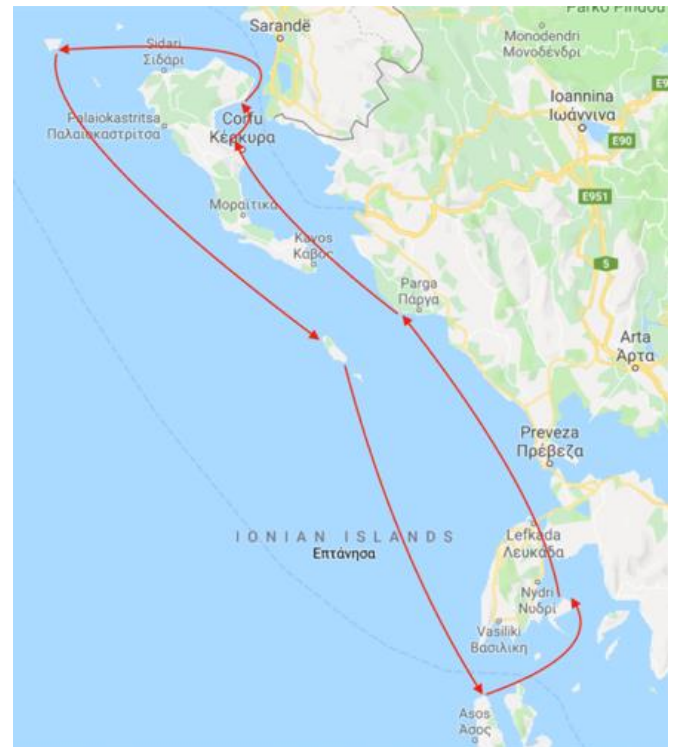
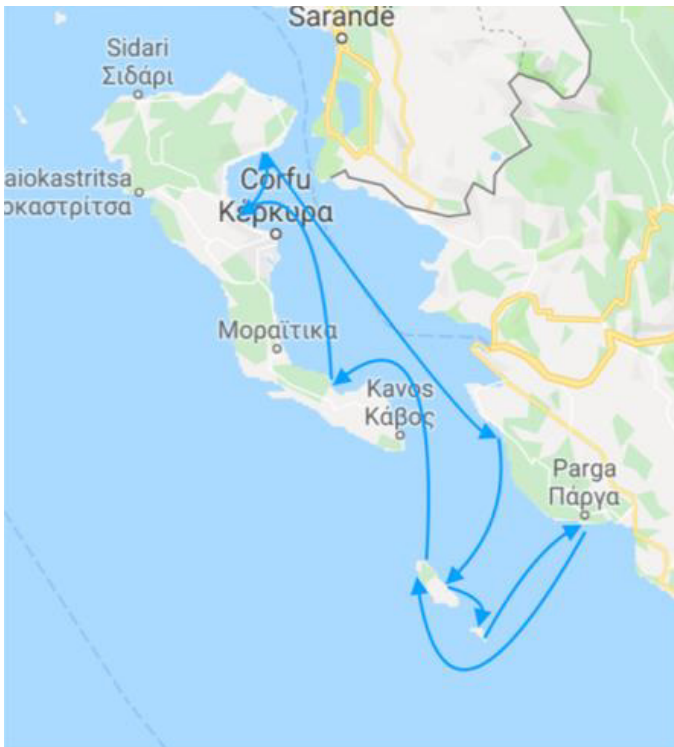
Most trips start and finish in Corfu and will cruise the Northern Ionian Islands ([see blue route below](#)). For those wishing to cover more miles, there is the option to head further south, and explore the Southern Ionian too ([see red route.](#))

We can organise “one-way” trips, where the yacht will either start or finish in Corfu or Kefalonia. This is an excellent way to increase your cruising area without the need to rush or cover distances.

Finally, sailing is of course weather dependent. The skipper will carefully look at the forecast before and during the trip and plan the route accordingly. There may also be days where he considers it necessary to be port bound if the forecast is looking adverse. They will always err on the side of caution, however the chances of bad weather for more than a day a week in this area are very low.



# Sample Route Map For One Week Route In The Ionian



These are some examples of a route you might cover in a one-week holiday. Routes are wholly dependent on the weather and cannot be confirmed until you meet your Captain. He will discuss the route fully with you however to ensure you get the best from your holiday.

**THE BLUE ROUTE** is a good mixture of sailing, exploring, water-sports and relaxing. Average of 2 to 3 hours sailing each day.

**RED ROUTE** is maximum sailing, but little time for water-sports and visits ashore (particularly if wind light). Average of 5 or 6 hours sailing per day.







# The Sailing

Lunous, Jeannous, Argentous & Aurous are wonderful sailing yachts. Whilst equipped for cruising rather than racing, they will happily eat miles under sail, and it is one of the greatest pleasures to get the most out of their sailing performance.

It is important you let us know whether your aim of the week is to record the highest possible speeds and cover the most sailing miles, or if you would rather your Gin and Tonic remains standing whilst sailing... This will allow us to develop the best route for you.

Once on board, how much you choose to get involved is entirely up to you. The crew can manage the yacht between them, however if you would like to try your hand and learn the basics of sailing then the Captain will be happy to teach you.

The Captain will remain in overall charge of the yacht and his instructions must be followed when issued. Safety is always the prime consideration, particularly as the yachts carry heavy-duty equipment which is only to be used under crew supervision. The crew are always thrilled when their guests get involved though, so do ask!

For those who would like to improve their sailing skills, our captains will be happy to give informal instruction. They do not offer a qualification, however there is a lot you can pick up in a week.

From the basics of sailing; to trimming and helming, there is much to be learnt if you are interested.

If you are thinking of taking a sailing qualification at a later date, make sure you bring your personal sailing log, which our skippers will happily endorse for you.



# Towing Water-sports

The tenders double up as high performance sports-boats for towing various “toys.” Basic guidance will be given, and everyone is encouraged to have a go at water-skiing, wakeboarding or just have a “spin” in the ringo.

If under 12's wish to water-ski or wakeboard we ask they get some professional instruction before their visit so they know what to expect. There are many centres across the UK that offer an introductory session for around £60.

Please note that experienced water-skiers will find our tenders a little tame compared to a larger pro-boat, but everyone is able to get up and have a lot of fun anyway. Unfortunately, guests are unable to drive the tenders due to insurance and Greek legal restrictions. This is non-negotiable.

# Stand Up Paddleboards And Windsurfing

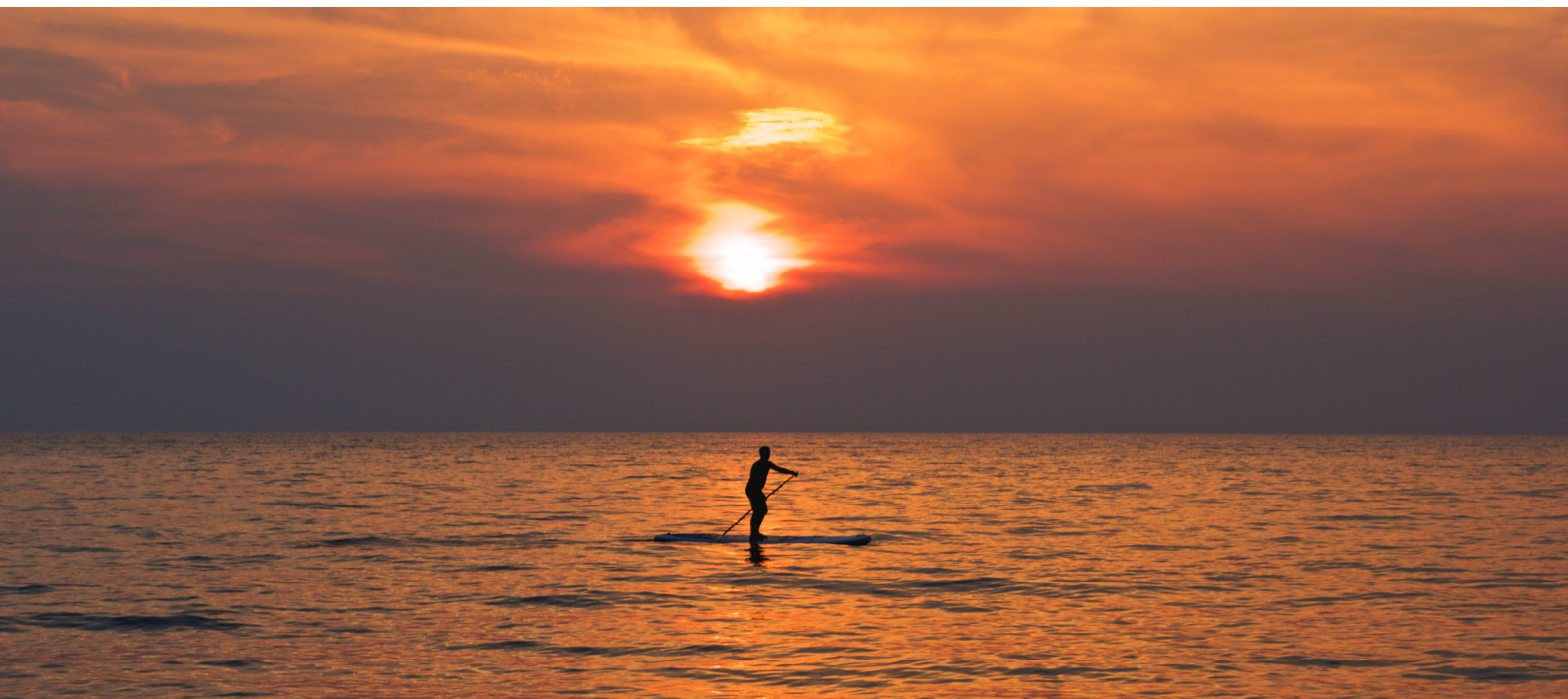
Paddle-boarding is a wonderful way to explore bays and coves, it can also be a full body workout if you go for it. The stand up paddleboards are wide and forgiving and it is easy to master them in a few minutes.

Do be careful when coming ashore near the shore as, unlike in deeper water, a fall can be dangerous.

Kneel down whenever you are unsure and try not to let the paddle-boards run against the rocks.

The SUP's also convert into windsurf rigs. They have a 2.5m kids/learner rig and 5.5m adult rig for skimming over the waves.

The boards take time to set up and if they are being regularly used, they will leave them out lashed to the deck for easy access. For the windsurfing 20 minutes or so is needed to set up the rig, so let the crew know in advance.





# Dining On Board

Great food is a very important part of the trips. Breakfast and lunch are included in the price, and dinners are charged per head.

Your chef will make advantage of the local and seasonal produce, whilst the skipper will endeavour to catch fish... or perhaps stop the fisherman in the morning for the catch of the day.

However, as the crew try to keep away from anywhere that would boast a large supermarket, they do need to put in a bit of planning and will try to do most of the “provisioning” before you arrive.

As you will see on the pre-trip questionnaire, there is a section where you can let us know your favourite foods.

To help inspire you there are some sample menus later in this document. These are just examples of the sort of dishes your chef will produce; they will tailor the on-board menu to your individual preferences.

We will also ask you in advance to estimate how many dinners on board you are likely to request, to allow the chef to provision accordingly.

Alternately, a wonderful part of a yachting holiday is to be tendered ashore - to enjoy the delights and delicacies of local towns, before returning to the quiet and privacy of your yacht. Guests often tend to split half and half. Feel free to tick ‘a mix of both’ on the questionnaire and discuss further with your crew when you arrive.







# Drinks

Water, soft drinks, juices and tea/coffee are included within the price. Please let us know if you have any favourite soft drinks so the crew can stock these up in advance of your holiday. Alcohol is an additional purchase on board, the prices are listed below.

**£49 Moët and Chandon**

**£46 Laurent Perrier**

**£15 Prosecco**

**£9 Greek "house wine"**

**£3 per measure of spirits (please let us know your favourite mixers)**

**£3 per bottled beer**

**£2 per canned beer**

They have an ordering service with a merchant in Corfu, so you also have the option to choose your own wine to have aboard. Prices include a £5 corkage, regardless of the bottle – ask for the wine list, option is on the pre-trip questionnaire. This must be paid for in advance.

If you would like to purchase and bring your own alcohol aboard, there is no corkage. Let the crew know and they will make space in the fridges for you.



## Extras - Spa

For the ultimate super-yacht experience, why not include a spa day in your sailing holiday.

You can book a private masseur to come on board your yacht for the ultimate massage experience. It is £150 for the first hour, then £90 per hour following. It may be the only spa in the world with the (remote) possibility of “live” whale music...

There is also the option to have a masseur on-board for more time, travelling with you. This is only an option if you have space for them to have a private cabin. Prices start at £575 per day, including 4 hours of treatment and all food expenses. Additional time over the 4 hours each day is £60 per hour.

**SHIATSU MASSAGE** – Shiatsu is a Japanese form of body work and it is described as a finger pressure massage. Unlike other forms of massage, with Shiatsu no oil is applied, so you remain fully clothed during the treatment. You might be asked to wear comfortable clothing - 90 min

**THAI MASSAGE** – Thai Massage is more energizing and rigorous than other classic types of massage. It is also called Thai Yoga Massage because the therapist uses her hands, knees and legs to move you into a series of yoga-like stretches. - 90 min

**SIGNATURE MASSAGE** – If you are looking for a way to relax then you will certainly want to book a Signature Massage. - 60 min  
**Deep Tissue Massage** – This detoxing, deep tissue massage will release toxins from your muscle, and will help you truly relax. - 60min

**AROMA MASSAGE** – Essential and aromatic oils are used to help you release all tension, aided by the lapping water on the hull and Greek sunshine. - 60 mins.

## Extras - scuba diving

If you are an experienced diver, there is a chance to see some amazing underwater caves around the Ionian islands.

Beginners are also able to dive in the Ionian with some beautiful shallower water locations and calm, knowledgeable and professional dive instructors.

Sessions are around €75 per head for 2 dives and can take up to 4 people. Please let us know in advance so we can check availability.

The favourite dive spots are around the island of Paxos so let us know if you plan on diving so we can make sure this area is included in the route of your holiday.

**Corfu** - <https://www.waterhopperscorfu.gr/> **Paxos** - <http://www.waterplanet.gr/>  
**Kefalonia** - [www.fiskardo-divers.com](http://www.fiskardo-divers.com)





## Arrival And Departure

Given the time taken to prepare and provision the yachts to a luxury standard, check-in and check-out times are strict.

You won't be able to board before 5pm and departure is strictly by 9am on your final morning. Whether you are coming directly from the airport or from a villa or hotel, we'd strongly advise you to use the transfer service, as the drivers will remain in contact with your skipper to ensure you are met on arrival at the Marina.

The crew will be able to take any larger pieces of luggage and direct you to the best spot for lunch, swimming or sunbathing until your yacht is ready for boarding. If your arrival flight is in the morning or departure is in the afternoon, we can help arrange a relaxed lunch or drink at a taverna. Please note, it may be worth popping swimwear in your hand luggage for convenience on arrival. The crew will bring you towels to use for your afternoon.

It is also possible to head into Corfu old town for an afternoon of sightseeing and shopping. To arrange taxis for you into town we would need to know these plans in advance.





## Sample Menus

The menus below and photos seen here are all food the chefs have prepared. They are some lovely examples of what you might eat on board, but you don't need to choose now.

When you fill out the questionnaire, however, do let us know of any favourites or dietary requirements so your chef can provision accordingly.

### SAMPLE BREAKFAST

A selection of cereal, toast, jams, yoghurt, juice and fresh fruit platter will be available everyday as well as a "chefs daily special".

Bircher muesli pots with Greek yoghurt and local honey.

Pancakes served with maple syrup, fresh fruit and crispy bacon.

Eggs Benedict, Florentine or Royale on toasted fresh local bread. Sautéed mushrooms and thyme on granary toast.

Smoked Salmon and scrambled eggs on toast.

Cinnamon dusted French toast.

A garden selection of avocado, roast vine tomatoes, mushrooms and spinach with fresh local bread.

### SAMPLE LUNCH

Griddled peach, asparagus, rocket and mozzarella salad.

Smoked mackerel pate with served with fresh bread and local bakery goods. Build your own Chicken fajitas with homemade guacamole, mango salad and hot tomato salsa.

Tuna or Salmon Niçoise salad with fresh bread. If you manage to catch a fish, the chef will prepare it for you.

Bacon, broccoli and cheddar quiche with mixed green salad and new potatoes.

Assortment of Greek meze, including feta stuffed sweet peppers, fried meatballs, Greek salad and homemade tzatziki.

Homemade sushi or summer spring rolls. Served with Asian salad and various dipping sauces.

### SAMPLE DINNER

£25 per person for 3 courses, £20 per person for 2 courses.

Under 12 £5 less

#### STARTERS

Watermelon, feta and mint salad.

Prosciutto, rocket and goats cheese terrine.

Tomato bruschetta drizzled with basil infused oil.

Mozzerella, basil and tomato stacks drizzled with pesto oil.

Figs baked in honey with rocket, pomegranate, balsamic and feta.

#### MAIN COURSES

Butternut squash and blue cheese risotto with balsamic dressed leaves and pine nuts.

Baked whole local fish with ratatouille and buttery new potatoes.

Mint pesto gnocchi with toasted cashews, asparagus, courgettes, pancetta and parmesan shavings.

Mediterranean chicken with tomato, orange, olive and chorizo rice served with greens.

Pork tenderloin with asparagus, new potatoes and an orange and ouzo sauce.

#### DESSERT

New York Style cheesecake with mixed berries.

Double chocolate brownie with vanilla ice cream.

Rich chocolate orange pots with Cointreau orange segments.

Lemon posset with fresh fruits and Chantilly cream.

Apple crumble with vanilla ice cream and caramelised walnuts.





# Final Notes And Tips

At the end of your trip the crew will prepare a bill of additional purchases on board; alcohol and dinners and any extras. You can settle this bill by card or cash. All major credit and debit cards are accepted, as well as Sterling and Euros.

Greece is largely a cash economy. Whilst the larger islands will accept cards, cash is a preferable method of payment. The ATMs on the smaller islands can often run out in high season, so we recommend withdrawing cash prior to your trip.

At the end of your trip, it is customary to leave a tip for the crew. This should be factored in when budgeting for the trip. The amount is completely discretionary, but 5-15 % of your booking cost is recommended.

## Useful Information

Information on the Yachts on our website – [www.fishandpips.co.uk/sailing](http://www.fishandpips.co.uk/sailing)

The Argentous, Lunous, Jeannous or Aurous Facebook pages.

JB water-ski/wakeboard centre in London, Craig Cohoon near Cheltenham and Camel Ski School in Cornwall.

Magic Seaweed (good place for reef boots, shortie wetsuits and rash vests) 01548 854 660.

Sports direct is also a great place to pick up swimming and snorkelling equipment.

Suggested Reading – Rod Heikell Ionian Guide – Amazon







Have a  
wonderful  
holiday!

